

A Multidisciplinary Collaboration 跨專業協作

Collaborate with multidisciplinary teams (CP / OT / ST) and initiate referrals as needed

與跨專業團隊（臨床心理學家 / 職業治療師 / 言語治療師）合作，並按需要提供適時轉介

A Characteristics of Attention Deficit Hyperactivity Disorder 專注力不足 / 過動活躍症症狀

- + Hyperactivity
- + Inattention
- + Impulsive
- + 過動
- + 心散
- + 衝動



A Characteristics of Autism Spectrum Disorder 自閉症譜系障礙的症狀

- + Deficits in social interaction
- + Deficits in non-verbal communication
- + Deficits in building relationship and friendship
- + Stereotyped or repetitive motor movements
- + Insistence on sameness
- + Restricted interests
- + Sensory integration problems

- + 社交互動能力困難
- + 非語言溝通困難
- + 發展人際關係困難
- + 重複行為
- + 固執不變
- + 狹隘興趣
- + 感覺統合問題



Child and Adolescent Development Center

A Our Professional Team 我們的專業團隊

We are made up of highly-experienced and local professionals. Each professional is dedicated to the physical and emotional wellbeing of our clients.

- + Consultant Psychiatrist
- + Nurse Consultant (Psychiatry)
- + Clinical Psychologist
- + Occupational Therapist
- + Speech Therapist

由經驗豐富的本地專業團隊組成，團隊成員均致力於客戶的身心健康。

- + 精神科顧問醫生
- + 精神科顧問護士
- + 臨床心理學家
- + 職業治療師
- + 言語治療師



A Charity Subsidy Program 慈善資助計劃

In addition to offering private services, the Hong Kong Adventist Hospital Foundation also provides funding programs to support children who meet the economic eligibility criteria, catering to the needs of different socioeconomic backgrounds.

中心除了提供私營服務，港安醫院慈善基金亦有提供資助計劃，為合符經濟審查資格的小朋友提供相關服務，照顧不同階層的需要。



Child and Adolescent Development Center

Map 路線圖



Adventist Medical Center
港安醫療中心
(Operated by Hong Kong Adventist Hospital)
(由香港港安醫院管理)

- 📍 26/F, Lee Garden II, Causeway Bay
香港銅鑼灣利園二期26樓
- 🕒 Monday - Friday 9am - 6pm (Except public holidays)
星期一至五 9am - 6pm (公眾假期除外)
- ☎ (852) 2837 2080 / (852) 2782 2202
- ✉ info@adventistmedical.hk
- 🌐 www.adventistmedical.hk



Hong Kong Adventist Hospital Foundation
港安醫院慈善基金

- ☎ (852) 2835 0569
- 📞 (852) 9765 2061 (只限文字 Text only)
- ✉ foundation@hkah.org.hk
- 🌐 https://www.hkahf.org.hk/bog-sr/



2024/02 Edition 印製

Extending the Healing Ministry of Christ
延續基督的醫治大能

Adventist 港
Health 安
Adventist Medical Center
港安醫療中心

Child and Adolescent
Development Center
兒童及青少年
全人發展中心



4 Mission 使命

The Child and Adolescent Development Center provides a comfortable environment and diverse services, thanks to the generous donations that bring hope and light to children and young people in need of mental health support. The center is committed to pursuing professional excellence and developing comprehensive, high-quality, and personalized treatment plans for individuals in need. Through professional assessments and diagnoses, appropriate individual or group therapy, early intervention, and collaboration with families and schools, the center helps individuals unleash their potential and acquire essential social skills.

兒童及青少年全人發展中心環境舒適，服務多元，幸得善長慷慨捐輸為有精神健康需要的兒童及年輕人帶來曙光和希望。中心致力追求專業卓越，為有需要人士制定全面優質而個人化治療方案。透過專業的評估和診斷、適切的個人或小組治療，及早給予治療及培育，與家庭和學校聯繫，幫助他們發揮潛能及掌握適應社會的生活技能。



Child and Adolescent Development Center

4 Scope of Services 服務範圍

We provide one-stop and holistic care for children, adolescents and young adults with mental health needs through early intervention and timely support.

我們透過早期介入和及時支援，為有精神健康需求的兒童及年輕人提供一站式和全面的照護。



4 Clinical assessment and consultation 醫療評估及診斷

Comprehensive clinical assessment packages for children with neurodevelopmental disorders / SEN such as ADHD and ASD (with reports) to formulate the diagnosis(es) and establish tailor-made treatment plans.

Session arrangement: Conducted by Consultant Psychiatrist and Nurse Consultant.

針對患有腦發展障礙 / 特殊教育需要(例如專注力不足過動活躍症和自閉症譜系障礙)的兒童，我們有一套全面的臨床評估配套(附有評估報告)，以制定診斷及個人化的治療方案。

評估安排: 由精神科顧問醫生及精神科顧問護士負責



Child and Adolescent Development Center

Psychiatric consultation - Diagnostic scopes 精神科會診-診斷範圍

- + Attention Deficit Hyperactivity Disorder (ADHD)
- + Autism Spectrum Disorder (ASD)
- + Anxiety
- + Adjustment Disorder
- + Conduct Disorder
- + Dysthymia / Depression
- + Eating Disorder
- + Gaming Disorder / Problematic Internet Use (PIU)
- + Obsessive-Compulsive Disorder (OCD)
- + Oppositional Defiant Disorder (ODD)
- + Post-Traumatic Stress Disorder (PTSD)
- + Psychosis
- + School refusal
- + Selective Mutism
- + SpLD / Learning Disability
- + Tourette Syndrome and Tics disorder

- + 專注力不足過動活躍症
- + 自閉症譜系障礙
- + 焦慮症
- + 適應障礙
- + 品行障礙
- + 輕鬱症 / 抑鬱症
- + 飲食失調
- + 遊戲障礙 / 上網成癮
- + 強迫症
- + 對立性反抗症
- + 創傷後壓力症候群
- + 思覺失調
- + 拒學
- + 選擇性緘默症
- + 讀寫障礙 / 智障
- + 妥瑞症 / 抽動綜合症

Child and Adolescent Development Center

4 Specialized Professional Training Programmes 專業訓練課程

Individual or group interventions for clients and / or their carers
提供適切的個別或小組治療計劃

Target 對象	Individual / Group training 個別 / 小組訓練
Parent / Carer 家長 / 照顧者	Mindful Parenting 家長靜觀教養
	Parent Management Training (Child) 家長親職教養 (兒童)
	Parent Management Training (Adolescent) 家長親職教養 (青少年)
Parent - child / adolescent 家長及兒童 / 青少年	Anxiety Management Training 焦慮管理
	Eating Disorder Carer Support 飲食失調症家屬支援
	Executive Function Training (homework supervision) 開心做功課 (提升執行功能)
	Problematic Internet Use 上網成癮支援
	Selective Mutism 選擇性緘默症
	Tourette Syndrome / Tics Disorder (Habit Reversal Training) 妥瑞症/抽動綜合症 (習慣反向訓練)
Child 兒童	Emotional & Social Skill Training 情緒及社交訓練
Adolescent 青少年	Executive Function Training 執行功能訓練 Heterosexual and Social Skill Training 異性相處及社交訓練

4 School Liaison 聯繫學校

School liaison to support SEN students

與學校保持聯繫，支援有特殊教育需要的學生



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